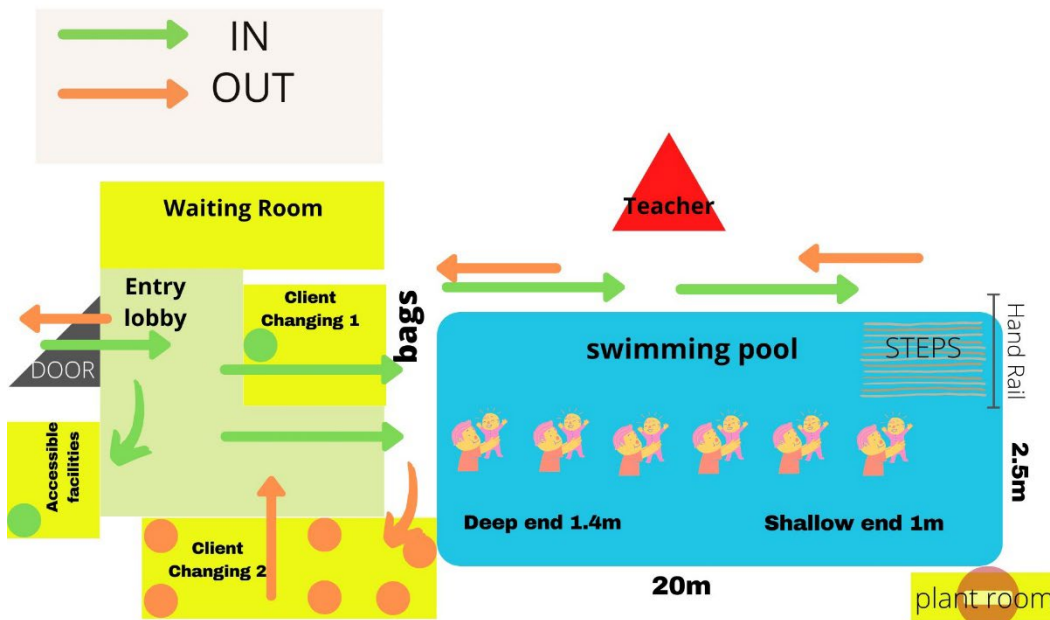


Parent & Child Lesson Guidelines; Discovery Ducklings (0-2yrs) & Ducklings (2-4yrs)

Parent & Child Class



- 1) Please do not attend if you or your child are unwell. If you or your child has had diarrhoea you should not swim for 14 days.
- 2) Please sanitise your hands when you enter and exit the building. Remove socks and shoes on entry and leave on shelves available in the entrance lobby.
- 3) Bring your own & your child's equipment (swim wear, specialist swim nappy, float aids

if required) and put it on before entering the poolside.

- 4) Bring a bag to put towel & clothes in. If you arrive before your lesson is due to start, please change then wait in the waiting room or corridor. You may enter the poolside when your teacher is ready & the previous class has left the poolside.
- 5) Our staff will take a register to record attendance. Please provide us with updates of contact details and relevant medical information.
- 6) There is a one way flow through the changing rooms to ease congestion. Use Client Changing 1 and the Accessible facilities on the way in (see Green Arrows in Diagram), then Changing Room 2 (Amber Arrows) on the way out.
- 7) Enjoy the class! Please enter the water once your teacher has asked you to, and head to one of the sets of floats/toys.
- 8) We follow the Swim England Foundation Award Scheme so our teachers will be looking to award a suitable certificate most half terms, on either the Discovery Ducklings, or Ducklings Award Scheme. You are pre-charged for a certificate each half term. If we do not award one then your payment will be rolled forwards to the next half term.
- 9) Class duration is 25mins. Price is £7 per class, payable a half term at a time in advance.
- 10) Hand gel, spray sanitizer and paper towels are available for you to use at any time to wipe down high touch points (toilet seats, benches, changing tables) before and after use.
- 11) We can welcome more than one parent/carer to bring a child for lessons. Spectators are permitted as long as there is space on poolside. If there are too many spectators, we may ask you to wait in the waiting room.
- 12) We will provide floats and toys for the lesson.
- 13) There is an accident and incident book available. Alert a member of staff to record anything necessary.
- 14) In an emergency, please follow the guidance of the teacher.